

DATE:

Labor Day, Monday, September 5, 2011

TIME:

Race begins at 8 a.m.

COURSE:

5K – Start and Finish on Far Hills Avenue by Kettering Sports Medicine Center. Chip Timing.

PARKING:

Fairmont High School
3301 Shroyer Road
Kettering, Ohio

REGISTRATION:**Preregistration Fee if postmarked by August 26**

- \$20 includes shirt, pancake breakfast and registration for door prizes
- **\$15 for Students (K-12)** includes shirt, pancake breakfast and registration for door prizes

Registration Fee after August 26

- \$20 includes pancake breakfast, no shirt
- \$25 includes pancake breakfast and shirt as available
- **\$15 for Students (K-12)** includes pancake breakfast, no shirt
- **\$20 for Students (K-12)** includes pancake breakfast and shirt as available

You may also register for the race online at www.active.com

KIDS FUN RUN (FREE!):

- Children 9 and under are welcome to participate and each finisher will receive an award.
- It will be held after the 5K race in front of Kettering Sports Medicine Center

PACKET PICKUP:**Pre-Race Day Pickup****Avoid the Race Day Rush!**

Sunday, September 4, 1 – 3 p.m. at Kettering Sports Medicine Center
3490 Far Hills Ave. (Next to Public Library)

Day of Race Pickup

Registration and packet pickup 6:15 – 7:30 a.m. at Kettering Sports Medicine Center

AWARDS:

Overall top three male and female receive prize money. Male and Female—9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over.

Awards presentation will be at Fairmont High School cafeteria, 9:30 a.m.

DOOR PRIZES:

All pre-registered by August 26 are eligible.

PANCAKE BREAKFAST: Free for all runners following the race at Fairmont High School cafeteria. Proceeds benefit the Kettering Fairmont Boosters. Must show race numbers for breakfast.

Race proceeds benefit the *Holiday@Home* Committee, which in turn supports:

- Queen and court scholarships
- Parade expenses
- Weekend entertainment
- Kettering Parks Foundation

Additional information and results can be found at www.keysports.net **or** www.ketteringsportsmedicine.org.

**ENTRY FORM (Please Print)**

Only One Entry per Form

Name: _____

Email: _____

Address: _____

City: _____

State: _____ Zip: _____

Age (on race day): _____

Sex: M F

Phone: _____ (____) _____

Please check one: Adult Student (K-12)

Shirt Size (oversized cut):

Youth: M L XL

Adult: S M L XL XXL

Emergency Contact Name and Number:

In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors and assigns, all claims of any nature arising from my participation in the Holiday at Home 5K Race and do thereby release the Holiday at Home, Kettering Medical Center Network and its entities, all sponsors, workers, officials and volunteers from any claim whatsoever arising from any participation in this event.

Signature _____

Date _____

Parent/Guardian Signature if under 18



5K Run

Make Checks Payable to:
Holiday at Home 5K Run

Mail to:
Kettering Sports Medicine Center
Tipp City
25 S. Tippecanoe Dr.
Tipp City, OH 45371

To Register Online Visit:
www.active.com

Mail-in Registration Information:
www.ketteringsportsmedicine.org

Any questions please call:
Jennifer Ambos
937-669-5757

KETTERING SPORTS MEDICINE CENTER

TIPP CITY

25 S. TIPPECANOE DR.

TIPP CITY, OH 45371



5K Run

**Labor Day
September 5, 2011**

Sponsored by:

